

# Plenary from Break-out Sessions

# Care-Givers

- Most Significant Gap #1 – Lack of awareness about availability and accessibility of services
  - Proposed Action #1 – The Church/Caritas to provide one-stop information
  - Proposed Action #2 – Provide platforms for sharing of experiences and resources e.g. Care-givers Symposium, Car-pooling coordinated by Church
- Most Significant Gap #2 – Needs of FDWs (who are care-givers) not met
  - Proposed Action #1 – Employers to dedicate time and attention to listen to and dialogue with FDWs
  - Proposed Action #2 – Build relationships with FDWs outside the domain of care-giving. To enrich and build life.

# Elderly

- Most Significant Gap #1 – **Elderly living alone**
  - Create more activities to promote social interaction
  - Ensure that these elderly have access to proper nutrition and hygiene (e.g Dental Health)
- Most Significant Gap #2 – **Lack of family/caregiver support**
  - Create initiatives to educate family members and caregivers on the plight which the elderly face without their support.

# Low-Wage Workers

- Most Significant Gap #1 – Support for families of low wage workers
  - Proposed Action #1 – Mentoring for the children
  - Proposed Action #2 – Tuition for school children
- Most Significant Gap #2 – Low wage and short of money to meet basic needs
  - Proposed Action #1 - To have policies on minimum wages (in reference to just wage)
  - Proposed Action #2 – Employers increase wages so that workers do not need to do 2 jobs

# People with Mental Health Issues

- **Stigmatisation of one with Mental Health**
  - More public education / workplace health promotion / HR Managers to recognize one with mental illness
  - Using social media versus printed media to publicise public education
- **Support for the caregivers/ family members**
  - Create family support group/ interaction groups for caregivers/ families
  - Collaboration within the sector to build eco-system/ peer support group

# People with Physical Disabilities

- Mindset / Lack of acceptance of persons with physical disabilities as equals – to see the dignity of each person (vs pity)
  - An education campaign to increase awareness of the challenges and how to respond to them and the situations alike
  - Moving as an individual and doing what is within our means
- Service & Infrastructure
  - Increase availability of transport service for the physically-challenged
  - Respite / Drop-in Centre over weekends

# Single-Parent Families

- Most Significant Gap #1 Financial & emotional support
  - Proposed Action #1 Family 'adopting' single parent family until children have grown up
- Most Significant Gap #2 Childcare
  - Proposed Action #1 tweak childcare centre opening hours to match single-parent family circumstances