Plenary from Break-out Sessions
Care-Givers

• Most Significant Gap #1 – Lack of awareness about availability and accessibility of services
  • Proposed Action #1 – The Church/Caritas to provide one-stop information
  • Proposed Action #2 – Provide platforms for sharing of experiences and resources e.g. Care-givers Symposium, Car-pooling coordinated by Church

• Most Significant Gap #2 – Needs of FDWs (who are care-givers) not met
  • Proposed Action #1 – Employers to dedicate time and attention to listen to and dialogue with FDWs
  • Proposed Action #2 – Build relationships with FDWs outside the domain of care-giving. To enrich and build life.
Elderly

• Most Significant Gap #1 – Elderly living alone
  • Create more activities to promote social interaction
  • Ensure that these elderly have access to proper nutrition and hygiene (e.g. Dental Health)

• Most Significant Gap #2 – Lack of family/caregiver support
  • Create initiatives to educate family members and caregivers on the plight which the elderly face without their support.
Low-Wage Workers

• Most Significant Gap #1 – Support for families of low wage workers
  • Proposed Action #1 – Mentoring for the children
  • Proposed Action #2 – Tuition for school children

• Most Significant Gap #2 – Low wage and short of money to meet basic needs
  • Proposed Action #1 - To have policies on minimum wages (in reference to just wage)
  • Proposed Action #2 – Employers increase wages so that workers do not need to do 2 jobs
People with Mental Health Issues

• **Stigmatisation of one with Mental Health**
  - More public education / workplace health promotion / HR Managers to recognize one with mental illness
  - Using social media versus printed media to publicise public education

• **Support for the caregivers/ family members**
  - Create family support group/ interaction groups for caregivers/ families
  - Collaboration within the sector to build eco-system/ peer support group
People with Physical Disabilities

• Mindset / Lack of acceptance of persons with physical disabilities as equals – to see the dignity of each person (vs pity)
  • An education campaign to increase awareness of the challenges and how to respond to them and the situations alike
  • Moving as an individual and doing what is within our means

• Service & Infrastructure
  • Increase availability of transport service for the physically-challenged
  • Respite / Drop-in Centre over weekends
Single-Parent Families

• Most Significant Gap #1 Financial & emotional support
  • Proposed Action #1 Family ‘adopting’ single parent family until children have grown up

• Most Significant Gap #2 Childcare
  • Proposed Action #1 tweak childcare centre opening hours to match single-parent family circumstances