

# **My Personal Moral Compass: Navigating Ethical Ambiguity**

## **A Course on Thinking Ethical Problems**

### **Course Guide 2019**

#### **A. Introduction**

My Personal Moral Compass is a one-year-long systematic course in Moral Issues.

#### **B. Objective**

My Personal Moral Compass is for all Catholics and non-Catholics alike interested in formation in the foundations of ethics.

This course is particularly targeted for that segment of society on whom the future generations depend: those involved in guiding and forming others, and those for whom this formation would be particularly pertinent at work or in ministry: these would be inclusive of (and not restricted to) *young adult group leaders, lay ministry leaders, youth and adult faith formators / coordinators, catechists, teachers, counsellors, family life workers, biomedical researchers, medical professionals, humanitarian aid workers, as well as tertiary, junior college and polytechnic students; in particular those pursuing the medical, life science, legal, and social science disciplines.*

The objective of this course is for participants to understand and to articulate the fundamentals of moral thinking with greater clarity. At the same time, it is hoped that participants will come to recognise that the Christian moral tradition is less an arbitrary set of rules imposed by Church authorities, and more a treasure-trove of discoveries and descriptions of observed laws which depict what best encourages human persons to thrive.

We trust that this understanding will be translated into the daily experience of participants and through them into the lives of their family and friends, in the schools and workplaces, and in their communities and society-at-large.

#### **C. Eligibility**

There is no prerequisite for application to the modules. All participants are welcome. Where places are limited, priority will be given to those who are actively forming others; to this end, endorsement from the relevant parish priest or leader in the parish or diocesan community / ministry / organisation will count toward this consideration.

Participants who attend at least 75% of the classes in all the modules are eligible for a letter of attendance at the end of the course.

#### **D. Lecturer**

Our lecturer is Dominican Moral Theologian, Father David Garcia OP. Fr David Garcia lectures at the Major Seminary and Catholic Theological Institute of Singapore in Moral Theology and is a well-known speaker who has addressed a spectrum of issues affecting society ranging from family life, social justice and bioethics; he has worked and/or is working with various church organisations including CTIS, Catholic Medical Guild, Family Life Society and Caritas Singapore.

#### **E. Venue**

Classes will be at **level 3, 55 Waterloo Street, Catholic Centre, Singapore 187954.**

The nearest MRT station is Bras Basah.

#### **F. Date and Time**

All classes for all Modules – 1 to 6 are held on **Friday nights**, from 7:30p.m. to 9:30p.m.

#### **G. Programme Structure**

Personal Compass is a year-long modular course on ethical issues. There are a total of 6 Modules each lasting 6 or 7 weeks. There are no assignments or coursework to be submitted.

It is recommended that participants cover the course material and attend all six modules. Alternatively, participants may attend any missed modules in subsequently years as interest and exigencies allow.

#### **Module 1. Who decides what is right or wrong?**

**Dates: 11, 18, 25 Jan, 1, 8, 15 and 22 Feb 2019 [ 7 Sessions ]**

1. What Does Morality Depend on?
2. Personal Decisions: Conscience
3. Right or wrong, Who Decides? Moral Principles
4. Are There Absolute Moral Principles?
5. What Do I Do with My Life? Freedom for Happiness
6. Better Persons
7. Cultural Dogmas and Morality

#### **Module 2. Becoming Persons**

**Dates: 1, 8, 15, 22, 29 Mar, 5 and 12 April 2019 [ 7 Sessions ]**

1. Seven Personal Wounds
2. What Do I Do Here and Now? Prudence
3. Fairer Persons
4. Emotional Persons
5. Strong Persons: Fortitude
6. The Moral Temper: Temperance
7. The Fullness of Personhood

### **Module 3. Christian Morality**

**Dates: 26 April, 3, 10, 17, 24, 31 May and 7 June 2019 [ 7 Sessions ]**

1. Ethics and Religion
2. Christian Ethics
3. God's Graceful Moves
4. The Faith that Saves
5. Saved in Hope
6. Loving, the Christian Way
7. A Christian Version of Happiness

### **Module 4. Ethics of Love, Sex and Marriage**

**Dates: 12, 19, 26 July, 2, 16, 23 and 30 Aug 2019 [ 7 Sessions ]**

1. Today's cultural perception on love, sex and marriage
2. Principles of the Philosophy of the Body
3. Applications of the Philosophy of the Body
4. Personal and Sexual Relationships
5. What Makes Marriage Marriage?
6. Homosexuality Matters
7. What Does God Have to Do with Sex?

### **Module 5. Social Justice**

**Dates: 6, 13, 20, 27 Sept, 4, 11 and 18 Oct 2019 [ 7 Sessions ]**

1. Personal Development in Society
2. Human Societies and Social Principles
3. Working together
4. Wealth and poverty
5. Political Leadership
6. Global Challenges
7. God and Social Development

### **Module 6. Stewards of Life**

**Dates: 25 Oct, 8, 15, 22, 29 Nov and 6 Dec 2019 [ 6 Sessions ]**

1. What Is the Dignity of the Human Person?
2. Can We Reproduce Procreation?
3. Ethical Dealings with Human Embryos
4. Stewards of Our Own Bodies
5. End of Life Decisions
6. Organ Donation
7. Personal Medicine

## H. Course Contribution

The contribution for Modules 1, 2, 3, 4 and 5 is \$70.00 each.

And the contribution for Module 6 is \$60.00.

### Registration and Payment

i) Cheque payment is to be made payable to '**Caritas - Personal Moral Compass**'.

The cheque and completed registration form should be mailed to:

Personal Moral Compass Course Administrator  
Caritas Singapore  
55 Waterloo Street  
Catholic Centre  
#08-01  
Singapore 187954

ii) Cash payment or Credit Card payment and the completed registration form could also be made and submitted at the Caritas Singapore's office during office hours.

For more information, participants could email to the Course Administrator at [formation@caritas-singapore.org](mailto:formation@caritas-singapore.org). or at 63374169 (DID).