

PERSONAL MORAL COMPASS

Navigating Ethical Ambiguity

A Guide to Being Good

Why do our choices have to be so painful to make? Why is it so tough to be a good person today?

The oughts and shoulds and dos and don'ts of the world conspire to trip us up. Or so we think. In a complex existence suffused with more shades of grey than we can imagine, our answers to the moral questions of the day no longer come in black or white. Cultural values, societal norms and religious teachings scheme to befuddle us. So what are we to make of euthanasia, abortion, the death penalty, homosexuality and experiments with embryonic stem cells? It all depends.

Perhaps it is time to go back to basic principles and a study of Ethics. Ethics, in its best understanding, deals with the fulfillment of the human potential and the art of achieving the good life. And even happiness.

In this series of modules, we gain a better understand of our moral compass, to understand the basis of how we come to make our decisions which gives us then the freedom to navigate freely the unpredictable, uncharted roads of our life journeys.

Lecturer

Our lecturer is Dominican Moral Theologian, Father David Garcia OP. Fr David Garcia lectures at the Major Seminary and Catholic Theological Institute of Singapore in Moral Theology and is a well-known speaker who has addressed a spectrum of issues affecting society ranging from family life and social justice bioethics. He has worked and/or is working with various church organisations including the previous Singapore Pastoral Institute, Catholic Medical Guild, Family Life Society and Caritas Singapore.

Module 2 - Becoming Persons

Dates: 24 February; 3, 10, 17, 24, 31 March 2015 (Tuesday nights)

Time: 7:30p.m. to 9:30p.m.

Venue: Level 3, 55 Waterloo Street, Catholic Centre

There is no prerequisite for application to the modules. All participants are welcome.

Where places are limited, priority will be given to those who are actively forming others; to this end, endorsement from the relevant parish priest or leader in the parish or diocesan community / ministry / organisation will count toward this consideration.



In This Module

Module 2. Becoming Persons

1. **Personally Wounded**
An insight into the human dark side
2. **Personal Discernment**
Decision making is an art, not merely a process
3. **Fairer Persons**
What does it mean to be fair to others?
4. **Personal Strength**
We need to face our personal demons and fears
5. **Better Desires**
Educating our cravings and desires is part of our personal growth
6. **Fully Personal**
What does it mean to have a life filled with meaning and fulfilment?

For 2015 Course Guide and registration form, please download from: <http://caritas-singapore.org>
OR email to formation@caritas-singapore.org