

Care for Creation  
**Roadmap  
Playbook**  
For Parishes





## Embracing the Care for Creation (C4C) Framework: A Call to Stewardship

*"Today, however, we have to realise that a true ecological approach always becomes a social approach; it must integrate questions of justice in debates on the environment, so as to hear both the cry of the earth and the cry of the poor." (LS, 49)*

To advance environmental stewardship in the Roman Catholic Archdiocese of Singapore, Caritas Singapore has been appointed by Cardinal William Goh to lead and support the Catholic Church in caring for God's creation. This appointment highlights the Church's commitment to stewardship, a message emphasised by Archbishop William Goh during the first archdiocesan Laudato Si' mass at the Church of St. Bernadette on May 24. The archbishop urged the faithful to embrace their role as stewards of God's creation.

Since Pope Francis' call to care for our common home through his Laudato Si' encyclical, in 2015 and the more recent Laudate Deum exhortation, parishes in Singapore have been striving to incorporate Laudato Si' principles into their communities and facilities. However, this journey has faced challenges, such as varying levels of engagement, limited awareness and understanding of the climate crisis, and a lack of guidance and unified direction.

To address these challenges, the Care for Creation (C4C) Framework and the Parish Roadmap were developed by Caritas Singapore to guide the archdiocese's efforts in implementing Laudato Si' at both the parish and archdiocesan levels. The framework's holistic approach integrates the physical, intellectual, and spiritual dimensions of environmental stewardship, supporting the community's efforts to promote Laudato Si' and care for our common home.

The Parish Roadmap aims to help parishes integrate sustainability practices and inspire their communities to embrace the call to be stewards of God's creation in their everyday lives. The roadmap is intended as a guiding framework rather than a directive. Each parish has its own unique culture, resources, and infrastructure, which may influence how easily certain areas can be implemented.

It is also designed to be relevant across all parish ministries and communities to explore creative and meaningful ways to integrate C4C into parish life.

We hope this playbook helps parishes and individuals initiate conversations, plan, and take progressive actions to start, continue, or advance their efforts in care for creation.

*“Living our vocation to be protectors of God’s handiwork is essential to a life of virtue; it is not an optional or a secondary aspect of our Christian experience.” (LS, 217)*

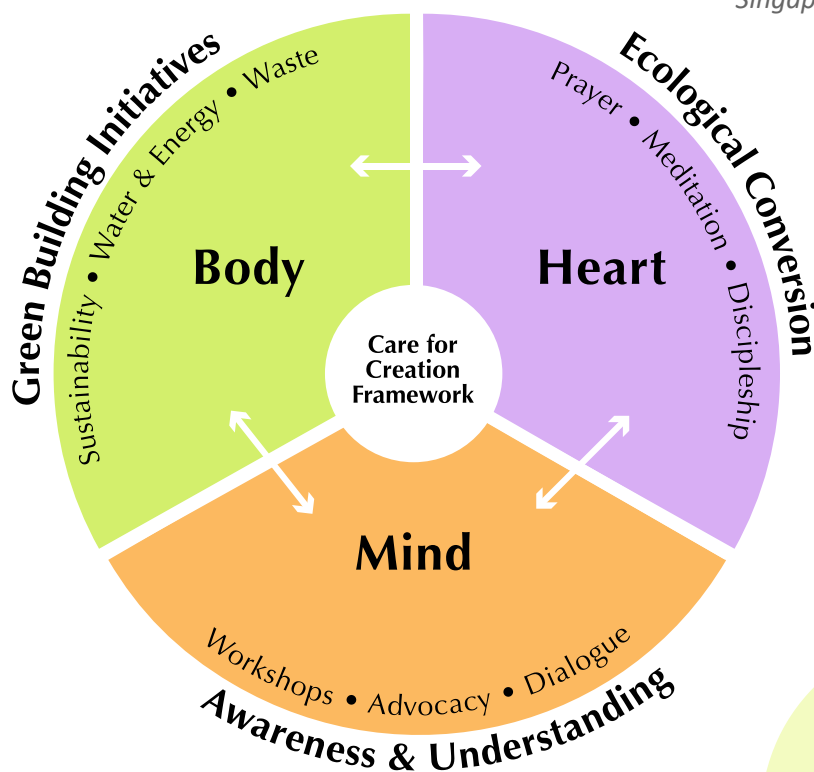


## Living out Laudato Si' principles

# The Body, Mind and Heart of Care for Creation

The Care for Creation (C4C) Framework was developed as a practical guide for individuals and Catholic communities, including parishes, Catholic organisations, and schools, to help care for our common home in a unified and structured way. This approach combines the physical (green building), intellectual (awareness and understanding), and spiritual (ecological conversion) dimensions of environmental stewardship.

Figure 1. The Care for Creation (C4C) Framework, developed by Caritas Singapore, 2023



## How does it work?

The C4C Framework consists of three interconnected components: Green Building Initiatives (Body), Awareness & Understanding (Mind), and Ecological Conversion (Heart). These elements support and enhance each other, creating a comprehensive approach.

While there might be a hierarchical order, each component is equally important in developing strategies and advancing efforts to incorporate Laudato Si' principles, whether at an individual or community level.

## Key Features of the C4C Framework:

- 1. Interconnectedness:** The components of the C4C Framework—Body, Heart, and Mind—support and enhance each other. For example, conducting waste audits (Body) can raise awareness about waste generation and lead to recycling programs and workshops.
- 2. Flexibility:** The framework adapts to various contexts and needs, whether at an individual or community level. For instance, parishes starting their Laudato Si' journey can focus on awareness through workshops (Mind), while more mature parishes might implement solar panels (Body) to reduce carbon emissions and energy costs.
- 3. Promotion of Laudato Si' Principles:** By fostering environmental stewardship, awareness, and spiritual growth, the framework actively promotes Laudato Si' principles. For example, starting an edible garden (Body), celebrating the Season of Creation (Mind), and hosting faith dialogues on care for creation (Heart) all embody these principles.



## From Vision to Action: The Parish Roadmap

The Parish Roadmap is developed as a non-exhaustive guide designed to help parishes ideate on their Care for Creation efforts.

Caritas Singapore’s Care for Creation framework—Body, Heart, and Mind—can be deepened through the following **20 domains**. The domains offer us a holistic lens to understand what Care for Creation spirituality, reflection, and action can entail. They also provide a practical starting point for Parishes to weave Laudato Si’ principles into their communities and facilities.

For each domain, we provided a detailed list of examples to inspire the steps a Parish may take as it embarks on implementing its Parish Roadmap.

<b>A.</b>	<b>Leadership in Ecological Transformation</b>	
1.	Foundation	Set up a Care for Creation Ministry
2.	Foundation	Creating a learning plan for the C4C Ministry
3.	Foundation	Creating a C4C Roadmap for your Parish
4.	Foundation	Celebrate Laudato Si Week and Season of Creation annually
5.	Foundation	Making Ecological Parish Commitments
<b>B.</b>	<b>Prayer: Deepening Ecological Spirituality of the Faithful</b>	
6.	Heart	Encouraging Care for Creation prayers
<b>C.</b>	<b>Liturgical Celebrations: Inspiring the love and care for creation</b>	
7.	Heart	Highlighting of Care for Creation in liturgical moments
<b>D.</b>	<b>Meditations: Spiritual Deepening for Ecological Conversion</b>	
8.	Heart	Attending Day of Reflection on Care for Creation
9.	Heart	Attending a retreat on Care for Creation
<b>E.</b>	<b>Ecological Education: Promoting community awareness</b>	
10.	Mind	Organising regular educational outreach events
11.	Mind	Incorporating Care for Creation into all faith formation
<b>F.</b>	<b>Movement Building: Building Ecological Solidarity</b>	
12.	Mind	Empowering Parishioners to initiate social and ecological action
13.	Mind	Advocating for Ecological Accountability, Justice and Resilience
<b>G.</b>	<b>Reducing Resource Use of Parish Facilities</b>	
14.	Body	Surveying of the resource-use and biodiversity of the Parish
15.	Body	Minimising energy use during the transition to renewable energy
16.	Body	Encouraging food sustainability
17.	Body	Reducing Water-Use
18.	Body	Reducing Throwaway Culture
<b>H.</b>	<b>Environmental Stewardship at the Parish</b>	
19.	Body	Regenerating Parish biodiversity
20.	Body	Procuring Sustainably

## Progression

For each of the 20-domains, parishes may find themselves on different stages of their journey:

<b>Not Started</b>	At this stage, individuals or groups have yet to begin their journey and engagement in the C4C domain.
<b>Sprouting</b>	The first signs of life and commitment appear. Participants begin exploring ideas, planning small steps in the C4C domain. It's the stage of curiosity and initial growth.
<b>Growing</b>	Efforts are more consistent and structured. Initiatives are implemented, practices are refined, and participants gain confidence in the C4C domain. Leadership emerges, inspiring others to join.
<b>Thriving</b>	The parish community flourishes with mature, impactful initiatives in the C4C domain with visible outcomes. Inter-ministry collaboration deepens, laying stronger roots for long-term impact.

## Difficulty levels

Each activity idea is ranked by different levels. These levels are intended to help provide a preliminary expectation of the amount of effort required of the organisers.

<b>Level 1:</b> Easy	These are straightforward projects that require minimal resources and coordination. They serve as good entry points, offering quick wins that build confidence and generate early support within the community.
<b>Level 2:</b> Intermediate	These projects are moderately complex and benefit from having a dedicated team. Collaboration with stakeholders helps navigate challenges, coordinate logistics, and engage stakeholders effectively. They require more planning and sustained effort compared to Level 1.
<b>Level 3:</b> Advanced	These projects are ambitious and designed for long-term impact. When your ministry is ready to embark on these projects, it will demand comprehensive planning, significant stakeholder engagement, and ongoing commitment. While more challenging, they create lasting change and set a strong foundation for future initiatives.

## Foundation Getting Started in your Parish

Establishing a Care for Creation (C4C) ministry in your Parish, or a C4C team in other Parish ministries/communities, will depend on your Parish's specific processes. However, the following general guidelines outline key actions to take with your team members to help ensure the ministry is set up for success.

<b>A.</b>	<b>Leadership in Ecological Transformation</b>	<b>Level</b>
<b>1.</b>	<b>Set up a Care for Creation Ministry/Team.</b>	-
1.1	Form a team to support decision-making and implementation.	1
1.2	Develop the C4C Ministry/Team's Vision and Mission in alignment with the Parish's mission and vision and the Archdiocese's Pastoral Plan.	1
1.3	Set common ground rules and principles in line with Catholic Social Teaching.	1
1.4	Appoint leaders to have overall responsibility for the C4C Ministry/Team.	1
1.5	Ensure team diversity by including youth, the elderly, and clergy.	2
1.6	Schedule regular meetings.	2
1.7	Receive the support of the Parish Priest and Parish Pastoral Council.	3
<b>2.</b>	<b>Creating a learning plan for the C4C Ministry</b>	-
2.1	This self-learning prepares the C4C ministry to share confidently about Laudato Si, Care for Creation, Ecological Science and other important topics. For resources, see Caritas Singapore's repository at <a href="https://tinyurl.com/C4Crepository">https://tinyurl.com/C4Crepository</a> .	1
<b>3.</b>	<b>Creating a C4C Roadmap for your Parish</b>	-
3.1	Attend Caritas' Parish C4C Roadmap Workshop held in the first quarter of every year to learn from other Parishes.	1
3.2	Develop your annual C4C ministry plan for the year.	2
<b>4.</b>	<b>Celebrate Laudato Si Week and Season of Creation annually</b>	-
4.1	See <a href="http://laudatosimovement.org">laudatosimovement.org</a> for the Key Global Moments for the year. Laudato Si Week is celebrated in May, and the Season of Creation in September.	1
4.2	Make Parish announcements for these key moments.	1
4.3	Schedule C4C outreach and engagement activities during these periods.	3
<b>5.</b>	<b>Making Ecological Parish Commitments</b>	-
5.1	Make annual/periodic Parish Commitments with a specific thematic focus, for example: Year of Zero Waste/Ecological Conversion/Creation Conservation, etc.	1
5.2	Guide and encourage Parishioners to make their own ecological commitments.	1
5.3	Announce the Parish commitment on the Parish bulletin and signboards.	3
5.4	Engaging the Parish Priest and the Parish Pastoral Council to follow through with the commitment.	3

## Heart Ecological Spirituality, Conversion and Stewardship

Advancing ecological justice and resilience for all life on earth begins with aligning our relationship with God and with Creation. By deepening the ecological spirituality of the faithful, we inculcate a culture of care, solidarity, and wisdom for the good of Our Common Home. As such, the Heart element of the C4C framework seeks to inspire love and care for creation among the faithful through prayer, liturgies, masses, cell group reflections, celebrations and other parish events.

<b>B.</b>	<b>Prayer: Deepening Ecological Spirituality of the Faithful</b>	<b>Level</b>
<b>6.</b>	<b>Encouraging Care for Creation prayers.</b>	-
6.1	You may draw inspiration for prayers from the following resources: <ul style="list-style-type: none"> <li>• Laudato Si' Movement Monthly Prayer Guide on <a href="https://www.laudatosimovement.org">laudatosimovement.org</a></li> <li>• Laudato Si Movement Prayer Book (2022)</li> <li>• See Caritas Singapore's repository at <a href="https://tinyurl.com/C4Crepository">https://tinyurl.com/C4Crepository</a></li> </ul> Include prayer guides in the parish bulletin, website, social media, and events.	1
6.2	Encourage the Parish community to contribute their prayers and intentions.	2
6.3	Host prayer services during the Season of Creation and the Laudato Si Week with suggested prayer intentions focused on creation.	2
6.4	Bless a natural space as a meditation area and encourage meditative prayer outdoors. (e.g. Laudato Si' Garden).	2
6.5	Encourage prayer communities to include Care for Creation prayers	2
6.6	Organise an event for the blessing of animals, plants and pets on the feast day of St Francis of Assisi.	3
<b>C.</b>	<b>Liturgical Celebrations: Inspiring the love and care for creation</b>	-
<b>7.</b>	<b>Highlighting of Care for Creation in liturgical moments.</b>	-
7.1.	Include Care for Creation prayer intentions during Prayers of the Faithful.	1
7.2.	Encourage Parish Priests to incorporate Care for Creation themes in their homilies.	1
7.3.	Include Laudato Si' themes in the mass celebrations of liturgical moments such as Advent, Christmas, Lent and Easter.	2
7.4.	Develop and organise a spiritual practice together with the Parish Priest to open and close the Season of Creation and Laudato Si Week	3
7.5.	Join and/or organise the annual Laudato Si' Mass, supported by the liturgical ministries, during Laudato Si week and Season of Creation.	3
<b>D.</b>	<b>Meditations: Spiritual Deepening for Ecological Conversion</b>	-
<b>8.</b>	<b>Attending Day of Recollection on Care for Creation</b>	-
8.1	Join the C4C-themed Day of Recollections that are organised by other organisations, together with the C4C ministry and Parishioners	1
8.2	Organise C4C-themed Day of Recollection for Parishioners with the assistance of the Parish Priest.	3
<b>9.</b>	<b>Attending a retreat on Care for Creation.</b>	-
9.1	Join C4C-themed retreats that are organised by other organisations, together with C4C ministry and Parishioners	1
9.2	Organise C4C-themed retreats for Parishioners with the assistance of the Parish Priest.	3

## Mind Ecological Education, Movement Building and Advocacy

To open ourselves to receive the grace of ecological conversion and enter a way of life that is aligned with Gospel values, we need to commit to examining our lives and the ways we have harmed God's creation through our actions and our failure to act. The education of minds to embrace creation and its proper stewardship is a necessary step to inculcate concrete ways of living and business that are more respectful of creation.

Additionally, since community conversion is equally important as personal ecological conversion, there is a need to build the movement and advocate so that community networks can bring about lasting change in healing our land and ourselves.

E.	Ecological Education: Promoting community awareness	Level
10.	<b>Organising regular educational outreach events</b>	-
10.1	Organise documentary/film screenings on socio-ecological themes, see Caritas Singapore's repository at <a href="https://tinyurl.com/C4Crepository">https://tinyurl.com/C4Crepository</a> .	1
10.2	Organise reading/film-watching clubs.	1
10.3	Organise a plant-based community meal with discussions on Laudato Si' topics.	1
10.4	Organise talks/seminars/webinars with teachers, professors, priests, religious superiors or NGOs.	2
10.5	Engage civil society groups/NGOs by organising visits to their events or invite groups to host educational workshops/talks for your Parish, see Caritas Singapore's repository at <a href="https://tinyurl.com/C4Crepository">https://tinyurl.com/C4Crepository</a> .	2
10.6	Organise leisure activities that also promote ecological education. This can include: <ul style="list-style-type: none"> <li>• Lectio Divina in Nature</li> <li>• Outdoors stretching</li> <li>• Farm Visit</li> <li>• Christian meditation in nature</li> </ul>	2
10.7	Regular highlights on Laudato Si' themes in Parish communication channels such as bulletin, website, newsletter and social media, to promote Laudato Si' teachings.	2
10.8	Organise workshops to promote knowledge and skill learning. This can include: <ul style="list-style-type: none"> <li>• Repair Workshop</li> <li>• Sewing/Upcycling Workshop</li> <li>• Composting Workshop</li> <li>• Tree planting and plant-growing</li> </ul>	3

<b>11.</b>	<b>Incorporating Care for Creation into all faith formation</b>	-
11.1	Invite other Parish Ministries to join Laudato Si'/Ecological Initiatives.	2
11.2	Integrate C4C into catechetical sessions for children and young people.	2
11.3	Integrate C4C into Adult Catechesis (eg, Bible study, Review of Life).	3
11.4	Facilitate ecological education for faith formation educators, e.g. Catechists.	3

<b>F.</b>	<b>Movement Building: Building Ecological Solidarity</b>	<b>Level</b>
<b>12.</b>	<b>Empowering Parishioners to initiate social and ecological action</b>	-
12.1	Encourage parishioners to take public transport/cycle/walk to the church, and free up parking space for ecological use.	1
12.2	Encouraging parishioners to reduce or avoid resource-intensive activities such as taking flights, avoid/limit eating meat and buying cars.	1
12.3	Call upon parishioners to extend the green practices of the Parish into their own homes, workplaces and communities.	1
12.4	Work with the media ministry to inspire social and ecological action through online engagement.	2
12.5	Inspire engagement with nature through fun and creative activities such as sound, art, dance, comedy, photography, food, etc.	2
12.6	Encourage parishioners to organise activities on significant action days, such as Earth Day and World Wildlife Days, with events or projects with local organisations.	2
12.7	Empower parishioners to curate activities that engage their sub-groups (e.g. youths, elderly, migrant workers).	3
<b>13.</b>	<b>Advocating for Ecological Accountability, Justice and Resilience</b>	-
13.1	Regularly explore the local neighbourhood and ecosystem as a group.	1
13.2.	Work with your Neighbourhood Christian Community (NCC) to identify vulnerable members from the neighbourhood who are experiencing poverty and disproportionately affected by environmental change in physical, social and spiritual ways.	1
13.3	Identify resources from networks that can empower these vulnerable communities in building resilience. Networks can include parishioners, non-Catholic community members, catholic organisations, and social service organisations to support these vulnerable communities.	2
13.4	Make public statements representing the C4C ministry to raise awareness about creation justice issues.	2
13.5	Encourage Catholics to donate every time they take flights or eat meat.	2
13.6	Distribute checklists for ecological accountability/sustainable actions to Parish ministries and communities, see Annex 2.	2
13.7	Taking practical action that increases community resilience while addressing environmental sustainability, such as: <ul style="list-style-type: none"> <li>• Food rescue and donations</li> <li>• Thrifting and sharing clothes and tools,</li> <li>• Mutual aid network,</li> <li>• Offering a tuition/mentorship/apprenticeship programme.</li> </ul>	3
13.8	Engage local officials on increasing support to better assist these vulnerable communities and protect creation.	3

## Body Green Building, Sustainable Lifestyles

To uphold the Christian principles as elaborated in Catholic Social Teaching and Laudato Si', we should commit to actionable steps to reduce our ecological footprint while regenerating green spaces. This applies to Church buildings, but also in our homes and lives. The fasting from consumerist lifestyles and the reduction of resource-intensive and polluting activities are direct, practical steps in aligning our lives in harmony with God's Creation.

<b>G.</b>	<b>Reducing Resource Use of Parish Facilities</b>	<b>Level</b>
<b>14.</b>	<b>Surveying of the resource-use and biodiversity of the Parish</b>	-
14.1	Conduct a walk around the parish and neighbourhood and record your observations of water and energy use, waste, and biodiversity.	1
14.2	Complete the Caritas Parish C4C Annual Review, see Annex 3.	1
14.3	Host a photography competition to capture biodiversity in and around the Parish and display these photos.	2
14.4	Conduct a comprehensive waste, water, energy and biodiversity audit.	3
<b>15.</b>	<b>Minimising energy use during the transition to renewable energy</b>	-
15.1	Set the air-conditioning at 25 degrees and a lower fan speed. Switch it off and open windows when not needed.	1
15.2	Put up reminders to turn off all lights and appliances when not in use.	1
15.3	Paint external walls with heat-reflective paint.	1
15.4	Insulate buildings by installing shade, planting trees, applying tinted window filters, and installing window curtains to reduce cooling needs.	2
15.5	Replace high-energy old appliances with energy-efficient electric appliances.	2
15.6	Avoid all flights whenever possible.	2
15.7	Install solar panels to increase renewable energy substitution. Refer to the ALPS handbook on Solarisation.	3
<b>16.</b>	<b>Encouraging food sustainability</b>	-
16.1	Prioritise zero food waste when catering food by under-catering only 80%.	1
16.2	Provide takeaway containers for people to take home leftover food.	1
16.3	Serve plant-based food, predominantly or wholly, at Parish Events, and avoid/limit meat, seafood and dairy as far as possible.	1
16.4	Communicate with Parishioners about the tradition of avoiding meat on Fridays and encourage at least one additional meatless day per week, connecting veganism with Catholic social teaching on the human suffering caused by environmental degradation and the Catholic principle of responsibility in our personal habits.	2
16.5	Buy food from local producers whenever possible to benefit small farmers and reduce the carbon intensity of food.	2
16.6	Distribute leftover food to people present or donated to the neighbourhood through food rescue groups.	2
16.7	Set up a composting bin for vegetable scraps and food waste, and use the fertiliser in the garden.	2

<b>17.</b>	<b>Reducing Water-Use</b>	-
17.1	Put up posters to remind individuals to waste less water.	1
17.2	Collect rainwater in buckets for watering plants.	1
17.3	Install low-flow fixtures on taps and set low/medium water pressure.	2
17.4	Maintenance of water systems to avoid water loss.	2
17.5	Install drip irrigation and mulching in gardens to reduce irrigation water use.	2
17.6	Plant native species that require less irrigation water.	3
<b>18.</b>	<b>Reducing Throwaway Culture</b>	-
18.1	Know your local Karang Guni to sell unwanted/old items.	1
18.2	Ban single-use plastics and styrofoam and encourage Bring-Your-Own and reusable utensils in Parish activities.	2
18.3	Promote segregation of recyclable, non-recyclable, and food waste.	2
18.4	Retaining a store of, or borrowing from Caritas, sufficient sets of reusable utensils and cutlery.	3
18.5	Install long sinks so that people can wash their own utensils after meals.	3
18.6	Set up a thrift/sharing corner and establish 'Reuse Days' where people can bring their used items still in good condition and offer them to others.	3
18.7	Promote and implement second-life projects like upcycling and repurposing in line with the Circular Economy 7Rs: Refuse, Reduce, Reuse, Repurpose, Recycle, Redesign and Regenerate.	3

<b>H.</b>	<b>Environmental Stewardship at the Parish</b>	-
<b>19.</b>	<b>Regenerating Parish biodiversity</b>	-
19.1	Conduct a plogging session in the neighbourhood.	1
19.2	Start a permaculture garden in the parish/community with the intent to share edible fruits and vegetables.	2
19.3	Practice organic gardening, or use eco-friendly horticultural products, and stop the use of harmful or toxic substances like synthetic pesticides.	2
19.4	Grow native trees & plants to provide habitat for biodiversity and pollinators.	2
19.5	Reduce tarred/cemented/concrete in non-built-up areas (such as the parking lot) and exposed bare soil and convert them to green spaces.	3
<b>20.</b>	<b>Procuring Sustainably</b>	-
20.1	Prioritise sharing/gifting of goods through the Parish community and an online sharing group,	1
20.2	Do not procure gifts unnecessarily, and if you do, procure gifts that are likely to be used and are produced by local retailers.	1
20.3	Recruiting skilled volunteers to fix and refurbish broken and worn goods and infrastructure.	2
20.4	Purchase from businesses with ethical wages, working conditions, and a commitment to sustainability, with special consideration to companies led by people from marginalised communities.	2
20.5	Divest from fossil fuels and any activity harmful to people and the planet, or sign the pledge for no future investment.	3
20.6	Avoid unnecessary building projects by considering revitalisation and adaptive reuse of existing structures, but if building is necessary, select sustainable building materials and ensure fair and safe labour practices.	3

# Annex 1: Sample of C4C Checklist

Note: Adapt this template to design more checklists that promote sustainable actions across the Parish community.

## Rules for Food Sustainability in the Parish

1 Corinthians 10:31 – “So whether you eat or drink or whatever you do, do it all for the glory of God.”

#	Actions for Food Sustainability	Checklist
<b>1.</b>	<b>Zero Waste</b>	
1.1	Ban single-use utensils, cutlery, containers, straws, and cups, including Styrofoam, plastics, and paper products.	
1.2	Urging Parishioners to bring their own reusable cutlery.	
1.3	Retaining a store of, or borrowing from Caritas, sets of reusable cutlery.	
1.4	Implementing washing points for reusable cutlery.	
1.5	Reduce food waste by under-catering.	
1.6	Provide takeaway containers for people to take home leftover food.	
1.7	Compost vegetable scraps and food waste.	
<b>2.</b>	<b>Plant-Based</b>	
2.1	Reduce and stop serving meat and dairy.	
2.2	Offer plant-based alternatives when meat options are served.	
2.3	Ensure that ingredients are sourced from local farms.	
2.4	Use eco-friendly, plant-based, non-toxic ingredients for detergents.	
<b>3.0</b>	<b>Social Mission</b>	
3.1	Distribute food through food banks, social service agencies and ground-up food rescue groups.	
3.2	Source ingredients from local farms.	
3.3	Donate leftover food to people who need it.	

## Annex 2: Parish C4C Roadmap Review

Parish		Date		
Ministry		Email		
<b>A.</b>	<b>Leadership</b>	✓/X	<b>Progress</b>	<b>What is working well?</b>
1.	Set up a Care for Creation Ministry.			
2.	Creating a learning plan for the C4C Ministry			
3.	Creating a C4C Roadmap for your Parish			
4.	Celebrate Laudato Si Week and Season of Creation annually			
5.	Making Ecological Parish Commitments			
<b>B.</b>	<b>Heart</b>	✓/X	<b>Progress</b>	<b>What is working well?</b>
6.	Encouraging Care for Creation prayers			
7.	Highlighting of Care for Creation in liturgical moments			
8.	Attending Day of Recollection on Care for Creation			
9.	Attending a retreat on Care for Creation			
<b>C.</b>	<b>Mind</b>	✓/X	<b>Progress</b>	<b>What is working well?</b>
10.	Organising regular educational outreach events			
11.	Incorporating Care for Creation into all faith formation			
12.	Empowering Parishioners to initiate social and ecological action			
13.	Advocating for Ecological Accountability, Justice and Resilience			
<b>D.</b>	<b>Body</b>	✓/X	<b>Progress</b>	<b>What is working well?</b>
14.	Surveying of the resource-use and biodiversity of the Parish			
15.	Minimising energy use while transitioning to renewable energy.			
16.	Encouraging food sustainability			
17.	Reducing Water-Use			
18.	Going Zero Waste			
19.	Regenerating Parish biodiversity			
20.	Procuring Sustainably			
<b>E.</b>	<b>Others – Please elaborate:</b>			
<b>What are the challenges that your ministry is facing?</b>				

# Annex 2: Parish C4C Annual Review

## How to use this annual review:

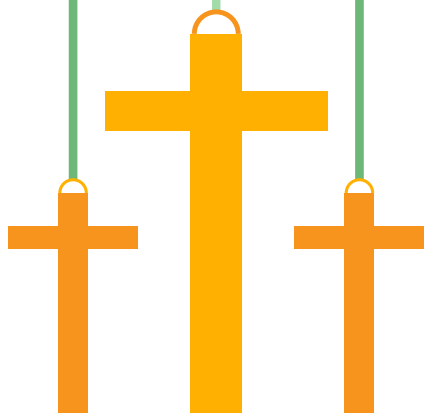
1. Gather a small group and set aside 30 minutes for this review.
2. For each 20-domain row, if the Parish and C4C ministry have implemented it in the past year, **place a ✓** actions were taken.
3. Fill in the Progress column with **Not Started - D, Sprouting - C, Growing – B, or Thriving - A.**

Example:

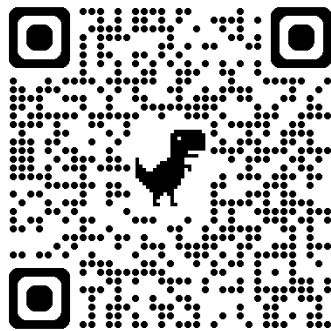
D.	Body	✓/X	Progress
16.	<b>Encouraging food sustainability</b>	✓	<b>Growing</b>
16.1	Serve plant-based food, predominantly or wholly, at Parish Events, and avoid/limit meat, seafood and dairy as far as possible.	✓	Sprouting
16.2	Communicate with Parishioners about the tradition of avoiding meat on Fridays and encourage at least one additional meatless day per week, connecting veganism with Catholic social teaching on the human suffering caused by environmental degradation and the Catholic principle of responsibility in our personal habits.	✓	Growing
16.3	Buy food from local producers whenever possible to benefit small farmers and reduce the carbon intensity of food.	X	Not Started
16.4	Prioritise zero food waste when catering food by under-catering.	✓	Growing
16.5	Distribute leftover food to people present or donated to the neighbourhood through food rescue groups.	✓	Sprouting
16.6	Set up a composting bin for food waste and use the fertiliser in the garden.	✓	Growing

4. **Celebrate your wins** in the ‘What is working well?’ column.
5. **Note your challenges** to share with your stakeholders.
6. **Compare your results** with last year and with other parishes.
7. **Email your completed review** to [careforcreation@caritas-singapore.org](mailto:careforcreation@caritas-singapore.org)

**Notes:**



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