

FAMILY CARE / SUPPORT			
Scheme	Coverage	Eligibility	Agency & Contact No
<p>Adopt a Family & Youth Scheme/AMP</p> <p>Assistance to underprivileged families</p> <p><u>See the AMP website</u> <u>or the AFYS website</u> for more details</p>	<p>Financial Assistance & Management</p> <ul style="list-style-type: none"> - One-off partial payment / development of an instalment plan with relevant agencies - Monthly tracking of household income and expenditure <p>Economic Empowerment</p> <ul style="list-style-type: none"> - Skills upgrading courses to increase employability for adult family members - Training in economically-viable areas to set up home-based business or micro business <p>Socio-Educational Development</p> <p>School-going children are supported with: tuition classes; part-time religious classes; transport concession; payment of examination fees, childcare, kindergarten and student care fees; and educational workshops</p> <p>Others</p> <p>Counselling services, festive period assistance, parenting workshops and financial workshops also available</p>	<p>Low-income families with school-going children who meet the following criteria:</p> <ol style="list-style-type: none"> 1. Monthly household income < \$2,500 OR per capita income (PCI) < \$300 2. Young or school-going children 3. Show the potential to be self-reliant 	<p>Helpline: 6416 3960 or 6416 3961 to make an appointment for assessment</p>
<p>Compassion Fund</p> <p>Crisis response fund set up for needy students from low income families</p>	<p>Financial assistance is geared towards granting respite in times of need. Assistance is short-term, ranging typically between 3 to 12 months, subject to review and assessment. The Fund will work with the referring agency/school and</p>	<p>Families must meet all of the following criteria:</p> <ul style="list-style-type: none"> - suffer a loss of income (within 1 year of application) due to death, illness or accident - have students who are Singapore Citizens or Singapore PRs - limited financial resources (lower income/ 	<p>For enquiries, please contact Tel: 6265 0291 Fax: 6265 0271</p> <p>Teachers, principals, social workers, counsellors and other</p>

<p>For more details, visit www.compassionfund.sg</p>	<p>family to develop holistic and systematic support in the event of a need for longer-term assistance</p> <p>Support: NTUC food vouchers, Comfort taxi vouchers, Popular book vouchers and Student Assistance Fund (for eligible students who have exhausted the ST Pocket Money Fund)</p>	<p>savings) to cope with death, illness or accident</p>	<p>helping partners can apply on behalf of the student</p> <p>Consent by a parent/guardian must be received before any application is sent to the Fund</p> <p>Download application form here</p>
<p>Family Resource Programme (CDAC)</p>	<p>Talks and workshops to support the family in managing personal and family matters such as financial budgeting and management; healthy living; and life skills</p> <p>Organises family bonding activities to foster family cohesiveness</p>	<p>CDAC beneficiary families</p>	<p>For enquiries, call 6603 5599 or email family@cdac.org.sg</p>
<p>Food Rations Distribution Scheme / Shan You Counselling Centre</p> <p>Provision of food items to families with financial difficulties</p>	<p>Provides short or long-term assistance to needy individuals and families with the supply of food rations.</p>	<p>Monthly household income of Per Capita Household income of \$600 and below</p> <p>Have little or no savings/income</p> <p>Have inadequate family and community support</p> <p>Cases whereby income exceed stated criteria will be considered on case-by-case basis; other factors may also be taken into consideration during the assessment</p>	<p>For enquiries, contact Shan You Counselling Centre</p> <p>Location: Wellness Community Blk 3 Eunos Crescent #01-2591 3/5 Singapore 400003</p> <p>Tel: 6745 9216 Fax: 6745 9351 Email: foodrations@shanyou.org.sg</p>
<p>Free Meals / Shan You Counselling Centre</p>	<p>Provides short or long-term assistance to needy individuals and families with supply of free meals.</p> <p>Period of assistance range from 1 meal to 12 months</p>	<p>Recipient must fulfil one of the following:</p> <ul style="list-style-type: none"> - unable to work due to old age or medical reason - Have mental / health conditions or unfavourable family circumstances - Have no means of subsistence & little or no family support, experiencing financial hardship - Unemployed but demonstrate willingness to take 	<p>For enquiries, contact Shan You Counselling Centre</p> <p>Location: Wellness Community Blk 3 Eunos Crescent #01-2591 3/5 Singapore 400003</p>

<p>Milk Fund CDCs/FairPrice Foundation</p>	<p>CDCs and Fairprice Foundation will work to distribute \$1.5million worth of milk vouchers for up to 7,500 children from low-income families.</p> <p>Toddlers aged 6 months to 3 years old will receive \$200 of milk vouchers</p> <p>Children aged 4-6 years old will receive \$100 milk vouchers to purchase milk powder at NTUC FairPrice outlets and Warehouse Club</p>	<p>CDCs will identify eligible families and distribute the milk vouchers</p> <p>Child must be:</p> <ol style="list-style-type: none"> 1. Be a first-time applicant 2. Be a Singapore Citizen or PR 3. Aged 6 months to 6 years old 4. Household per capita income of not more than \$750 per month 	<p>Apply at the local CDC or Community Centre</p>
<p>NTUC Good Start Bundle NTUC, in partnership with the People's Association (Embracing PARENthood Movement)</p>	<p>FairMily Kit (worth up to \$100)</p> <ul style="list-style-type: none"> - Milk powder (for babies above 6 mths old) - Grocery essentials - Exclusive FairPrice Online deal <p>Complimentary one-year insurance coverage for newborn (voucher) <i>*only if parents attend the Embracing PA celebration events</i> Enhanced IncomeShield or IncomeShield Standard Plan (excluding MediShield Life Premium)</p> <p>"Early Experiences Matter: Parent-Child Activity Book" (worth \$15) <i>*only if parents attend the Embracing PA celebration events</i> <i>Offering parents advice & tips on how to foster strong bonds with their infants & young children</i> <i>Includes a sock puppet & hoop streamers</i> <i>Conceived through a relationship-based curriculum developed by early childhood professionals at NTUC First Campus</i></p> <p>"Early Experiences Matter: Mother</p>	<p>For all families with Singapore citizen babies born between 1/1/2016 and 31/12/2019</p>	<p>Sign up here</p> <p>Email: enquiry@ntucgoodstart.sg</p>

Tongue Reader" (worth \$15)

- Provides parents with relevant topics to talk about with their children to build up their vocabulary.
- Includes Mother Tongue Language stickers
- Aims to assist parents in growing child's love for Mother Tongue