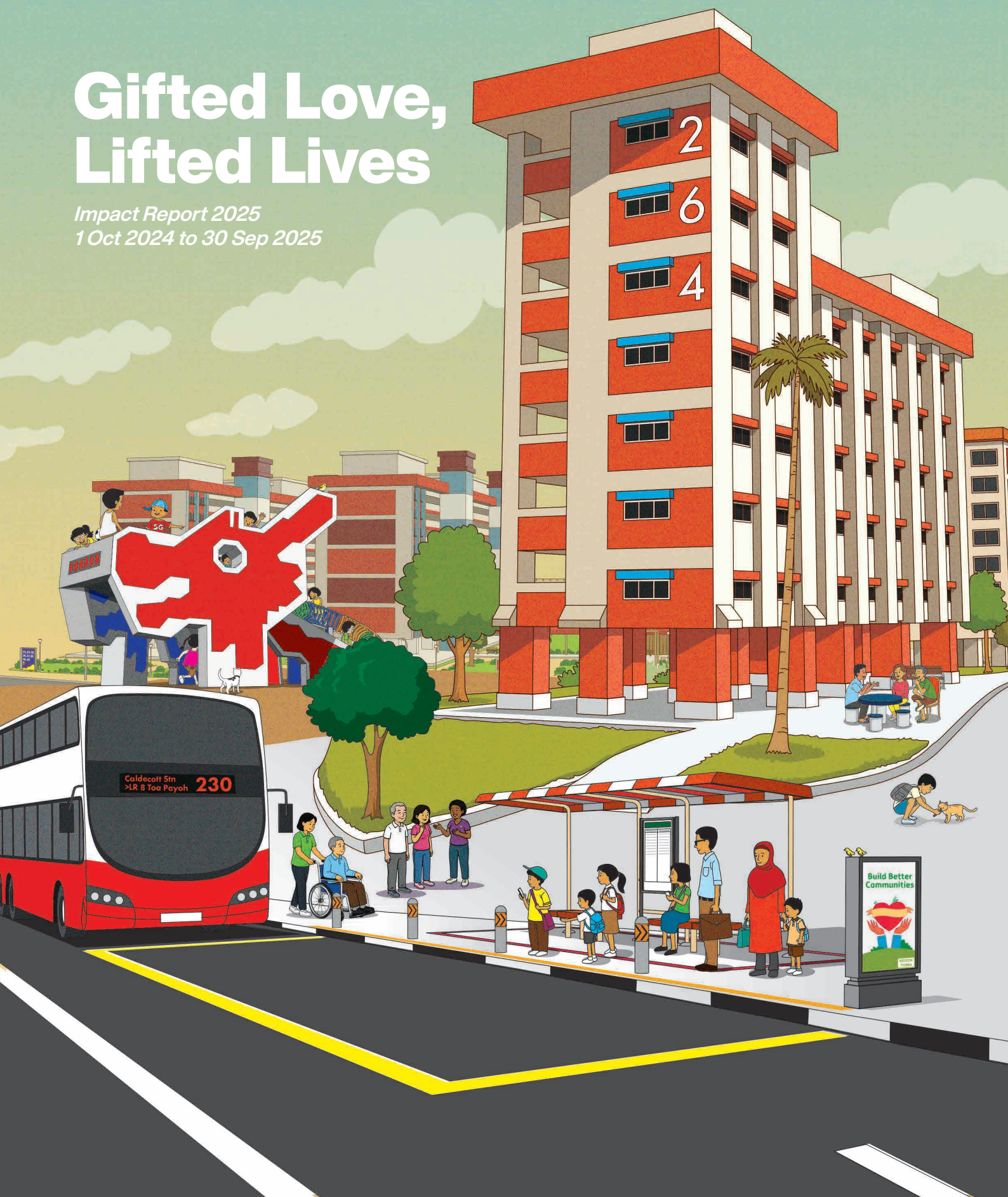


Gifted Love, Lifted Lives

Impact Report 2025
1 Oct 2024 to 30 Sep 2025



Content

03

About Us

04

Chairman's Message

05

Gifted Love, Lifted Lives

06

Communities of Care

08

One Heartbeat, Many Causes

Beneficiary Testimonials

09

Shining Light

Advocacy and Education

12

Igniting Hope

Early Intervention and Opportunities

17

Uplifting in Service

Community Support and Holistic Services

20

Sharing Grace

Sharing Time, Talent and Treasure

About Us

Caritas Singapore is the official social and community arm of the Catholic Church in Singapore and a member of Caritas Internationalis, a global confederation of over 160 humanitarian organisations.



We are the umbrella body for 25 Catholic charities and organisations whose work has touched the lives of many, regardless of race or religion. Through the work of Caritas Singapore and our network of care, we seek to serve the poor, vulnerable, and marginalised in our community, such as families and children, youth-at-risk, the poor and elderly, persons living with medical conditions, persons living with disabilities, migrants and itinerant people, and many more.



Our Vision

Be a leader and champion for universal love and sustainability, answering the cry of the Poor and cry of the Earth.



Our Mission

Collaborating with our member organisations to provide leadership within the Catholic community by advancing the Church's social mission, rooted in Catholic Social Teaching and guided by Environmental, Social and Governance principles to build a sustainable planet Earth and compassionate world for the vulnerable and marginalised society.



Chairman's Message

It is my privilege to present Caritas Singapore's FY2025 Impact Report, *Gifted Love, Lifted Lives*. This report reflects what is made possible through the generosity, trust, and solidarity of our partners, donors, volunteers, and community.

In a world of uncertainty, the importance of shared responsibility remains clear. Across the Caritas Singapore network, lives are transformed through compassionate service and specialised programmes that address diverse and evolving needs. This report reflects our mission: to shine light through advocacy and education; to ignite hope for the unseen and struggling; to uplift communities through service and empowerment; and to enable donors and volunteers to give their time and resources meaningfully.

At the heart of this work is generosity that restores dignity, provides care, and supports those facing challenges. Through the grants we disburse and the programmes we support, individuals and families are empowered to move forward with resilience and purpose.

There are many inspiring stories throughout this report and I hope you will take time to read, pass on to others and infect them with the generosity and love shown by our many donors, volunteers and the Caritas family so that together we can reach out and make even bigger impact to the vulnerable and marginalised in our community. Let me highlight just two stories of love and hope here. Caritas supports Catholic Welfare Services' Night Mission, where outreach to rough sleepers provides immediate assistance, builds trust, and connects individuals to longer-term support. We also support Montfort Care's initiatives to help seniors age safely in place through programmes such as the Enhanced Village Model of Ageing in Place, in line with Singapore's efforts to keep seniors active and connected within their communities.

Through this shared compassion, we continue to see lives lifted—families gaining stability, individuals rediscovering confidence, and communities strengthened through renewed hope.

This impact is only possible because of the collective goodwill of many. To our donors, volunteers, partners, Church communities, and supporters—thank you for your continued support.

As we look ahead, we remain guided by the spirit of gifted love, working together to strengthen communities and support those in need.

Agnes Liew
Chairman, Caritas Singapore

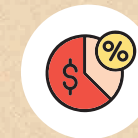


Gifted Love

At the heart of our work is the generosity of individuals, families, corporate partners, and community organisations who support Caritas Singapore and our member organisations through donations, volunteerism, and advocacy.

Across our growing network, each contribution becomes a meaningful act of care, supporting communities through basic needs, education, and social services. With fundraising costs maintained at just 6.8%, we ensure that most resources go directly toward uplifting lives, turning generosity into lasting impact where it is needed most.

Together, this gifted love makes it possible for lives to be transformed through grants, programmes and services that meet real needs and strengthen communities.



Fundraising Ratio:
6.8%



Total Volunteer Hours:
Over 7,500

Lifted Lives



Grants Disbursed
in FY 2025:
\$9,748,581



No. of Programmes
Supported:
51



No. of Lives Impacted:
More than 51,000

We recognise that social challenges are becoming increasingly complex. Hence, Caritas Singapore, working within a network of care, takes a holistic approach to uplifting the most vulnerable in our society.

Together, we have contributed to lives lifted in profound and enduring ways, allowing families to find stability amidst uncertainty, individuals rediscovering dignity and purpose, and communities growing stronger through renewed hope.

Our collective support goes beyond meeting immediate needs—it opens doors to opportunity, restores confidence, and fosters resilience. These stories of transformation are a testament to what is possible when compassion is put into action, reminding us that every act of giving carries the power to truly restore.



Communities of Care



Children, Youth & Family

More than 6,100 children, youths, and families impacted through holistic care and support.



Seniors

Over 4,500 seniors supported to age actively and confidently.



Marginalised

Over 13,500 individuals supported across migrant communities, incarcerated populations, rough sleepers and etc.



Caregivers

Over 1,600 caregivers supported through their journey—building resilience, strengthening care capacity, and fostering a supportive community.



Physical Health & Social Care

More than 20,500 lives impacted, supporting individuals with diverse medical and special needs, including persons with acquired disabilities or those living with HIV/AIDS.



Mental Health

12,720 counselling sessions delivered, providing essential mental health support across age groups.



Environmental Sustainability

Over 800 individuals were involved in environmental efforts across 16 events, from beach clean ups to forest regeneration projects.



Note: The figures and information presented in this report are based on data submitted by the respective Caritas Family organisations. Every effort has been made to compile and present this information accurately with due care.

One Heartbeat, Many Causes

Beneficiary Testimonials

Early Childhood Development & Empowerment

"The programme had a profound impact on my daughter's development, **transforming her from being non-verbal to a confident and expressive** child through consistent, supported learning and close collaboration with the EIPIC team."

Parent
Child Development Support for
Canossian Early Intervention Programme
for Infants and Children (EIPIC)



Social Inclusion & Connectedness

"The event fostered meaningful connections and empathy, **allowing both children and migrant workers to share joy, break down barriers**, and recognise their **shared humanity and dignity**."

Volunteer
Archdiocesan Commission for the Pastoral
Care of Migrants and Itinerants (ACMI)'s
Cultural Harmony Fiesta

Care & Legal Aid

"I am deeply grateful for the Catholic Lawyers Guild's (CLG) **compassionate and timely support, which provided me with invaluable legal guidance during a critical time** when I had nowhere else to turn."

Client
CLG Legal Aid Clinics



Mental Health & Well-Being

"Clarity didn't just give me a community; **it helped me rediscover my original, authentic self.**"

Client
Clarity Singapore's Community
Mental Health programme

Safety & Protection

"**More than a shelter, it is a family.** Here, I found the strength, confidence, and support to rebuild my life and move forward with hope."

Resident
Catholic AIDS Response Effort
(CARE)'s Shelter Residential
programme



Caritas Singapore Family's Impact

Shining Light

Advocacy shines a light on people, issues, and needs that might otherwise go unseen. By sharing lived experiences with dignity, it deepens understanding, encourages compassion, and mobilises individuals, organisations, and communities to respond through donations, volunteering, partnerships, and action.

It also shines a light on the underlying causes of vulnerability and the gaps that prevent lasting change. In doing so, advocacy helps shape more informed decisions, strengthens collaboration, and supports solutions that are not only responsive, but sustainable.



Catholic Family Life (CFL)

CFL supports individuals, couples, and families at every stage of life through counselling, therapy, and educational programmes. It offers marital and family therapy, child and adolescent support, pro-bono counselling, and pregnancy crisis assistance. Through holistic services and community collaborations, it seeks to strengthen relationships, restore well-being, and help families navigate challenges with dignity and resilience.



The education programmes delivered over **1,600 workshop sessions** tailored to diverse life stages, including children and adolescents, parents, couples and families. Notably, **71% of participants reported enhanced understanding of the topics covered.**

"The sessions deepened my awareness of how daily interactions shape our marriage and family life. With greater intentionality, we have grown as spouses and parents, reflecting on our experiences and working towards the family life we aspire to create. It has been both empowering and inspiring."

Josephine (pseudonym),
Participant at an educational workshop



Catholic AIDS Response Effort (CARE)

CARE brings light into the lives of people living with HIV/AIDS by addressing their physical, psychological, financial, and spiritual needs, helping them to live with dignity and hope. It runs a shelter and non-residential assistance programmes providing practical support such as housing, food, and education aid, while also conducting outreach and advocacy to raise awareness and promote compassion.



More than 20,000 individuals were engaged, with **84.2% reporting increased awareness** of the challenges faced by people living with HIV/AIDS.



“Volunteering with CARE has been a deeply meaningful journey. Witnessing how CARE brings comfort, dignity, and hope to individuals living with HIV/AIDS has strengthened my empathy and transformed my perspective. I’ve come to better understand the importance of creating a community where everyone feels seen, accepted, and valued.”

Jane (pseudonym), Volunteer at CARE

Caritas Singapore — Walk With Caritas Family

Returning for its second year, Walk with Caritas Family 2025 brought together over **2,700 participants** and **30 organisations** from within and beyond the Caritas Family at Gardens by the Bay. Centred on the theme “One Walk, Many Causes”, the event celebrated the many ways people can come together in support of vulnerable communities. Through interactive booths, performances, sustainability-focused activities, and colourful socks representing different causes, the walk fostered greater awareness of the various social service agencies, strengthened community bonds, and demonstrated the collective impact of walking with one shared purpose.



Caritas Singapore — Care for Creation (C4C)

Caritas Singapore’s C4C efforts embody our commitment to environmental sustainability as an integral part of social justice. Through education, advocacy, and community initiatives, we inspire responsible stewardship of the Earth—protecting our shared environment while supporting vulnerable communities and ensuring a more sustainable future for generations to come.



80 participants representing 10 major religions in Singapore, alongside Ministry of Sustainability and the Environment, Ministry of Culture, Community and Youth, and National Parks Board, took part in the inaugural Interreligious Earth Day Dialogue 2025 held on Earth Day, 22 April.



At Caritas Agape Village*, approximately **42% of total waste generated** within the building was diverted from landfill through effective recycling of paper, plastic, and metal streams.



Prevented nearly **5,000 single-use items** from entering the waste stream by implementing reusable crockery and cutlery across 24 events and meetings.

* A social service hub operated by Caritas Singapore to bring together various social service organisations to provide holistic and integrated care to those in need—regardless of race or religion, all under one roof.



Caritas Singapore Family's Impact

Igniting Hope

"Igniting Hope" highlights programmes that invest in people and build capabilities before challenges become crises. By providing early intervention, education, practical support, along with opportunities for personal growth, they help children, families, migrants and itinerant persons, as well as vulnerable individuals build resilience and move towards greater independence.

These initiatives do more than meet immediate needs—they open doors to opportunity, strengthen confidence, and lay the foundations for brighter futures.



CHIJ Sanctuary for Children (CHIJC)

CHIJC supports children and young persons from diverse backgrounds through a nurturing environment that builds identity, belonging, and holistic development. Its services include student care, bursaries, outreach with families and schools and other social support.



Over 4,400 students from vulnerable backgrounds benefited from support under the CHIJC Student Outreach and Support Services Programme. Through various sessions such as speech and drama, S.T.E.M. and sports, **89.7% of them reported gaining new knowledge and skills**, reflecting the programme's positive impact on students' learning and development.

"Attending the Art & Wellness exhibition was a deeply meaningful experience for us as parents. Seeing our children step confidently into the roles of ambassadors—guiding us through the space and sharing their artwork—was something we had never witnessed before. We felt immense pride watching them communicate with such assurance and take ownership of their learning. The exhibition offered a rare opportunity to connect with them in a new and inspiring way. It was more than a showcase; it created a powerful moment of affirmation, strengthening our bond and allowing us to truly appreciate their growth and potential."

**Parents of Ethan and Aiman (pseudonym),
Clients of CHIJC**

Boys' Town

Boys' Town began in 1948 as a residential home for war-torn children providing shelter and education. It has since expanded to a continuum of care for children and youth from disadvantaged backgrounds, supporting those facing family breakdown, financial hardship, abandonment, and abuse, to rebuild stability and hope.



Through the Boys' Town Adventure Centre (BTAC), **1,226 developmental and engagement sessions** were delivered to at-risk youths, with **77% of participants showing improvements in one or more strengths** including resilience, personal mastery, self-awareness, motivation for growth, and positive adaptation to change.



A group of at-risk students was identified by teachers as being likely to disengage from education entirely without intervention. Boys' Town was engaged for its facilitative approach to youth outreach, and the results were evident. What was once a poorly motivated and disruptive group has grown into a group of self-regulated, empathetic, and respectful students. Many continue to reference what they learned and have become role models to one another, even months after the programme.

Participating School of BTAC GEAR-UP Programme



Catholic Welfare Services (CWS)

CWS is a community-based social service agency supporting individuals and families facing financial and social challenges. It provides casework, counselling, financial aid, and referrals to essential services. Working with volunteers and partners, it strengthens family stability, fosters resilience, and empowers people to overcome adversity and improve well-being.

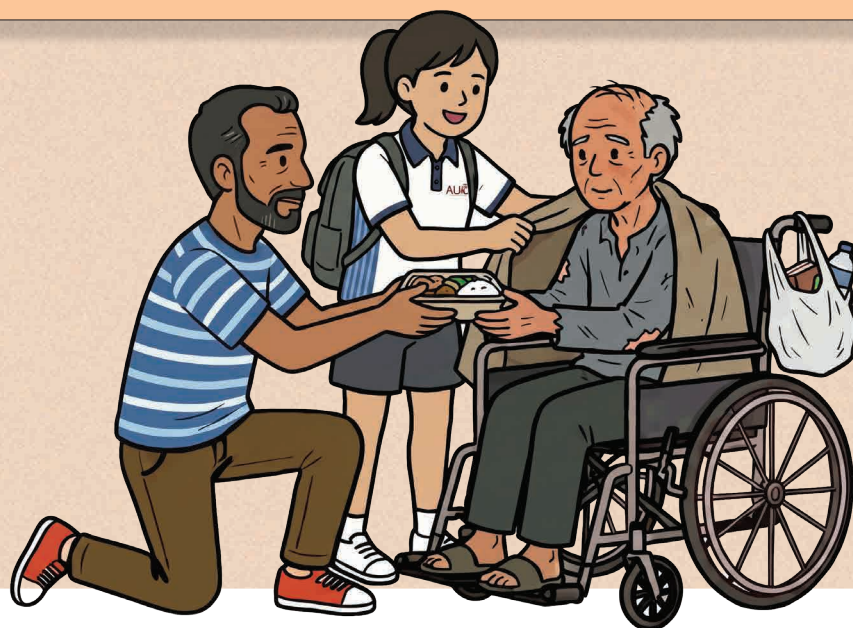


Under the Night Mission programme, CWS supported **90 rough sleepers** in moving to shelter, with **85% of them being able to secure stable financial means in the year.**



"Everything that has happened to me now is all because of the volunteers. Their sincerity moved me. Though I initially ignored them and refused their help, the volunteers were very sincere and kept reaching out to me week after week. It is because of them that I was able to move into a shelter and eventually secure a rental flat. They mean everything to me."

Bernie (pseudonym), once a rough sleeper, now gives back as a volunteer at CWS Night Mission



Archdiocesan Commission for the Pastoral Care of Migrants and Itinerants (ACMI)

ACMI serves migrants in Singapore by welcoming and integrating them into the community, while safeguarding their rights and well-being. It provides skills training, outreach programmes, and holistic assistance such as counselling and legal aid, while fostering social connections and supporting their overall well-being and development.



A total of **578 migrants** took part in **17 Skills Development classes**, including caregiving, cooking, and financial literacy, equipping them with practical skills to enhance employability, financial confidence, and supporting daily living outcomes such as stronger communication and improved digital literacy.

"Through the computer classes, I developed foundational skills in Microsoft Office and learned how to create a CV. While I am still progressing and occasionally need reminders, my confidence has grown significantly. The programme has opened up new opportunities and given me renewed hope for the future, motivating me to keep improving. Today, I am choosing to move beyond my past, focus on my strengths, and step forward with determination."

Siti Aminah (pseudonym), Student of Skills Development classes



Roman Catholic Prison Ministry (RCPM)

RCPM supports prisoners, ex-offenders, and their families by providing care, counselling, and spiritual guidance. It helps them rebuild their lives with dignity and hope, fostering community support, rehabilitation, and reintegration into society, while empowering individuals to live meaningful and productive lives.



A total of **1,597 inmates** were engaged across **976 structured sessions**, providing sustained support that fostered stability, and reinforced personal development, and nurtured their spiritual journey and formation.

"After years away from the Church, my return to God began during incarceration, initially as an escape from loneliness. Through RCPM volunteers' patience, faith, and guidance, my heart slowly softened. Receiving the Sacraments again renewed my faith and gave me hope. Even after setbacks following release, RCPM's continued accompaniment helped me rediscover God's grace. Today, supported by RCPM volunteers, fellow ex-offenders, and the Church community, I am rebuilding my life with Christ as my foundation. Their compassion has shown me that I am never alone on this journey."

Brendan, Client of RCPM



Caritas Singapore Family's Impact

Uplifting in Service

"Uplifting in Service" highlights programmes that restore dignity by walking alongside individuals through life's challenges. Through rehabilitation, community support, caregiving, and holistic services, they help people regain confidence, strengthen independence, and build resilience for the future.

Beyond meeting immediate needs, these programmes empower individuals to participate more fully in their families and communities. By restoring capability and fostering belonging, they create lasting impact that extends well beyond the person receiving support.

Morning Star Community Services

Morning Star Community Services supports children and families through after-school care, character development, and parenting programmes. Its services include safe care environments, social and emotional learning, LEGO®-based play therapy, evening care support for families in need, and workshops that strengthen parenting skills and family relationships.



The ASPIRE programmes at Morning Star Community Services created meaningful outcomes across generations: **80% of children learned essential life skills**, and **80% of seniors made improvements in their cognitive and emotional well being**.



"When my eldest child was struggling with anger and difficulties in social settings, I often felt overwhelmed and disheartened by the negative feedback from school. When we decided to try the Incredible Years® programme, I thought, 'Let's give it a chance.' Through engaging and interactive group activities, my child gradually learned how to manage emotions and follow rules. The improvement was noticeable both at home and in school—there was less yelling and disruptive behaviour, and my child became calmer, more confident, and better able to interact with others."

Priscilla (Pseudonym),
Parent of participant in Incredible Years® Programme

Mamre Oaks

Mamre Oaks empowers Persons with Intellectual and Developmental Disabilities (PwIDDs) through its Day Activity Centre (DAC). It provides programmes that build independence, and life skills, including daily living, creative expression, fitness, and social communication, while promoting inclusion, community engagement, and meaningful participation in society.



82.8% of Mamre Oaks members progressed to a higher ability band in at least one key domain, such as social inclusion, activities of daily living, or community living skills, demonstrating meaningful growth in independence and everyday functioning.

“Before joining Mamre Oaks, Maria appeared withdrawn and unmotivated due to her health challenges. Since attending the Day Activity Centre, she has developed a stronger sense of belonging and become more engaged. With encouragement from fellow members, staff, and volunteers, she now enjoys activities like Movement & Relaxation, Morning Exercise, and Dance. She is more responsive, follows instructions better, and takes pride in helping at home, such as setting the table and assisting with meal preparation. We are grateful for the supportive environment that has helped her grow in confidence and well-being.”

Caregiver of Maria (pseudonym), Mamre Oaks Member



Abilities Beyond Limitations and Expectations (ABLE)

ABLE supports persons with physical disabilities through personalised, holistic care. Guided by its 4Rs framework—Rehabilitation, Reintegration, Return-to-Work, and Respite—it provides therapy, community programmes, employment support, and caregiver assistance, empowering individuals to regain independence, enhance quality of life, and participate meaningfully in society.



80% of rehabilitation clients reported improvements in their quality of life across more than 1,600 sessions, underscoring the transformative impact of ABLE's programme.

After a stroke left him with cognitive impairment and memory loss, Dave struggled with daily tasks, commuting, and work. “I was scared of getting lost,” he shared. With support from ABLE's rehabilitation and Return-to-Work programme, he learned to travel independently on public transport. “The day I did it on my own, I felt proud.” In July 2025, Dave returned to work as a kitchen assistant, restoring his confidence, dignity, and sense of purpose.

Dave, Client of ABLE's Rehabilitation and Return-to-Work programmes

Montfort Care

Montfort Care is a social service agency supporting individuals and families facing transitional challenges, with a focus on children, families, and seniors. Guided by a commitment to care for the vulnerable, it provides services such as family support, child protection, eldercare, community programmes, and national helplines, helping individuals cope with change, regain stability, and improve their quality of life.



Through Montfort Care's Learning Lab for Seniors programme, **96.4% of seniors reported improvement in at least one key area**—understanding the importance of active ageing, learning ways to stay active, or expanding their social networks.



Mdm Jasmine, a senior living with dwarfism, had experienced years of social isolation and low confidence, affecting her overall well-being. She joined Goodlife Makan and through the BEADS Club, she found a safe and supportive environment to engage with others at her own pace. With continued encouragement, she gradually began participating in community lunches and activities, enjoying nutritious home-cooked meals while forming new friendships and building her confidence over time.

Today, she actively participates, contributes her beadwork, supports other seniors, and confidently joins outings — rediscovering belonging, dignity, and purpose.

Mdm Jasmine (pseudonym), Senior with the Enhanced Village Model of Ageing in Place Programme



Caritas Singapore Family's Impact

Sharing Grace

The impact shared throughout this report was made possible by a community of people who chose to give. Through donations, volunteer service, leadership, and collaboration, they provided the resources, expertise, and support that sustained our mission and strengthened the Caritas Family.

By sharing their time, talent, and treasure, they created opportunities for lives to be transformed, partnerships to grow, and communities to flourish. Their generosity was not only an act of kindness—it was the foundation that made lasting impact possible.

"I've been very blessed in my life, and I believe blessings are meant to be shared. Donating is my small way of giving back to help those who are struggling."

Carol,
Donor of Caritas Singapore



"I joined Share-A-Pot (SAP) programme as a participant in 2018 and became a volunteer a month later, inspired by the dedication and warmth of the team. Beyond SAP, I enjoy volunteering at the Rooftop Garden, where I contribute through hands-on work and continuous learning. Volunteering with Caritas has given me joy, purpose, and a strong sense of community, and I am glad to encourage others to join and make a difference."

Anthony, SAP and Rooftop Garden Volunteer



Caritas Singapore — Leaders' Council Meetings

Caritas Singapore strengthened leadership alignment and cross organisation collaboration through two major strategic dialogue platforms held in October 2024 and May 2025, engaging over 120 leaders across the network. These platforms facilitated the sharing of updates, collective reflection on sector challenges, and focused discussions on key priorities including HR, fundraising, and ESG.

They also created opportunities for organisations to share capabilities, expertise, and resources, strengthening collective capacity to better serve communities through more coordinated and holistic responses. By fostering trust, deepening partnerships, and reinforcing a shared mission, these engagements ensured that the Caritas family remains united, agile, and aligned in driving greater impact.



Building the Future Together

The impact in these pages began with people who chose to share what they had. As needs continue to grow, so too does the opportunity for each of us to make a difference.

Whether you give your time, talent, or treasure, your generosity becomes part of a shared mission to restore dignity, strengthen communities, and lift lives. Together, we can continue turning gifted love into lasting impact.

Donate



bit.ly/IR-Donate

Volunteer



bit.ly/IR-Volunteer





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