

Dear friends,

Peace be with you.

acts29 is organizing its quarterly outreach to collect data of elderly residents in one-room HDB rental flats. The locations for **1st May 9am to 12pm** will be at the following sites:

1. Blk 33 Bendemeer Road (next to Boon Keng MRT station)
2. Blk 219 Ang Mo Kio Ave 1 (2 bus stops from Ang Mo Kio HUB/ Interchange)
3. Blk 31 Chai Chee Avenue (2 stops from Bedok MRT)

If you would like to reach out to the elderly, please drop us an email.

For new volunteers, kindly register with us via email sherlyn@acts29mission with the following information:

1. Full name (as in NRIC)
 2. Contact No
 3. Date of birth (note: no age restriction)
 4. Religion (note: no restriction on religion)
 5. Postal Address
 6. Email address
 7. Able to converse in: Mandarin/Teochew/ Cantonese/ Hokkien/ Malay
 8. Occupation
 9. Preferred location: Bendemeer Road, Ang Mo Kio, Chai Chee
- Please note we need at least 10 volunteers per location*

Registration Closing Date: 27th April 2014.

Food Bags

1. Food bags will be distributed to each elderly home visited.
2. Each food bag is worth about \$20.
3. If you would like to contribute a food bag to the elderly you are visiting, kindly let us know in advance for logistics purposes.

No	Item
1	Milo or Coffee 3-in-1 or Tea 3-in-1
4	Jacob biscuits
5	Cereals
6	Braised nuts
7	Washing detergent (Mama Lemon)
8	Clothes detergent (Fab)
9	Soap for bathing

Thank you for your support and we look forward to seeing you on the 1st of May.

Many blessings,

Sherlyn Khong
on behalf of acts29

Other Information

Who do I interview?

We only conduct interviews for elderly (living alone) or 2 elderly living together. We do not interview families, non-elderly (64 years and younger).

1. Any elderly living alone 80 years and above.
2. Any elderly (65 years and above) who are stateless (stated in their ICs).
3. Any elderly (65 years and above) who are Singaporean without children
4. Any elderly (65 years and above) who are Singaporean with children and living without their children or getting little support from their children or seldom meet their children.

How many elderly will I interview?

1. Volunteers are paired up and each team till cover 2 floors.
(families with children can form their own group)
2. A team need to only need to interview 3 – 4 elderly residents.

How do I approach the elderly?

1. Knock on the door loudly and greet the elderly
2. Wait for response. If no one comes to the door, move on to the next unit.

How do I interview?

1. Interview forms will be passed to each team.
2. Fill up all the fields in the forms.

Signs that an elderly is living in the unit:

1. Lion Befriender / Care/ Touch sticker is pasted on the gate or door.
2. Meals on Wheels notice is pasted on the gate or door.

Why is data collected?

This is to identify the unmet needs of the elderly and respond accordingly. acts29 identifies the needs of the elderly as: